



# Le Spa des Artistes





Le Spa des Artistes, Hôtel des Arts Saigon, MGallery Collection is a pure sensory experience, where expert therapists use luxurious products to soothe, pamper and relieve the stress of life. In 2017, it was honoured to take out the prestigious titles at the World Luxury Spa Awards, winning "Luxury Hotel Spa" category for the Country and "Luxury Boutique Spa" category for the Asia Continent.



WORLD  
LUXURY  
SPA  
AWARDS  
**WINNER**  
2017

Experience true tranquility and wellbeing at Le Spa des Artistes and feel your worries melt away as you revel in the refined and pampering treatments inspired by Asian and European philosophies.

All of our treatments have been carefully crafted to ensure your comfort and use only luxurious, environmentally-friendly products including:



Choosing Sothys, one of the original brands from the world of beauty institutes and spas, means choosing impeccable technology combined with an outstanding experience for the senses.



YTSARA

Ytsara was developed exclusively for high-end spas. The essence of Asia caters to guests with a discerning eye for excellence and provides a truly unique spa experience.

Every spa experience begins with our signature flower foot bath ritual to refresh your body, mind and soul.

**RELAX AND ENJOY YOUR JOURNEY!**

Choose from a menu of customized treatments and indulge in relaxation bliss during your stay.  
Each treatment is inspired by the hotel's cultural heritage using an assortment of high-end products.





# THE ARTIST JOURNEY

*Immerse yourself in a sensory journey with the fusion of skincare, facial and body healing as one luxury treatment.  
You will find yourself in Hôtel des Arts Saigon's temple of wellness that offers a peaceful and serene retreat.*

## HONEYMOON JOURNEY

210 mins/ 4,500

Our revitalizing body massage relaxes tiring muscles and rehydrates your skin, followed by a facial suiting your complexion. You can then choose between a stimulating foot massage or select a nail service to round up your journey.

## BEAUTY JOURNEY

190 mins/ 2,850

Uplift your body and mind with a rejuvenating experience that combines facial and body treatments. This package includes a body scrub, 'The Artist's Journey' signature massage and your choice of relaxing facial.

## COUPLE RETREAT

75 mins/ 3,100

Designed for a romantic experience, this treatment is carried out in our peaceful couple room. The combination of the healing effects of Thai and Swedish therapeutic techniques helps restore harmony, bringing a sense of calm to your body and mind.

## PAMPERING JOURNEY

130 mins/ 2,250

Pamper yourself with this complete body and facial package. Begin with a revitalizing massage to relax tiring muscles and rehydrate the skin. Then experience a relaxing facial that suits your complexion.

*All prices are quoted in thousand VND and include tax and service charge.*





# SIGNATURE TREATMENTS

*Indulge yourself with our signature treatments to escape from the daily life, relax and enjoy!*

## THE ARTIST JOURNEY

90 mins/ 1,850

This sublime aromatherapy ritual uses natural essential oils from Sothys, applied to the body through a flowing massage technique that provides relief from migraines, insomnia and jet lag. The journey ends with an aromatic herbal cushion to rejuvenate your body, refresh your spirit and restore vital energy.

## SENSATIONS ORIENTALES

90 mins/ 2,500

An exceptional treatment protocol inspired by ancestral Oriental rites. The journey will start by applying the pre-exfoliation syrup that contains saponaria and bromelain to cleanse and detoxify the skin. You will then experience the body modelling with date oil extract known for its hydrating and soothing properties and amber oil for its destressing action.

## HOTEL DES ARTS SAIGON

90 mins/ 2,100

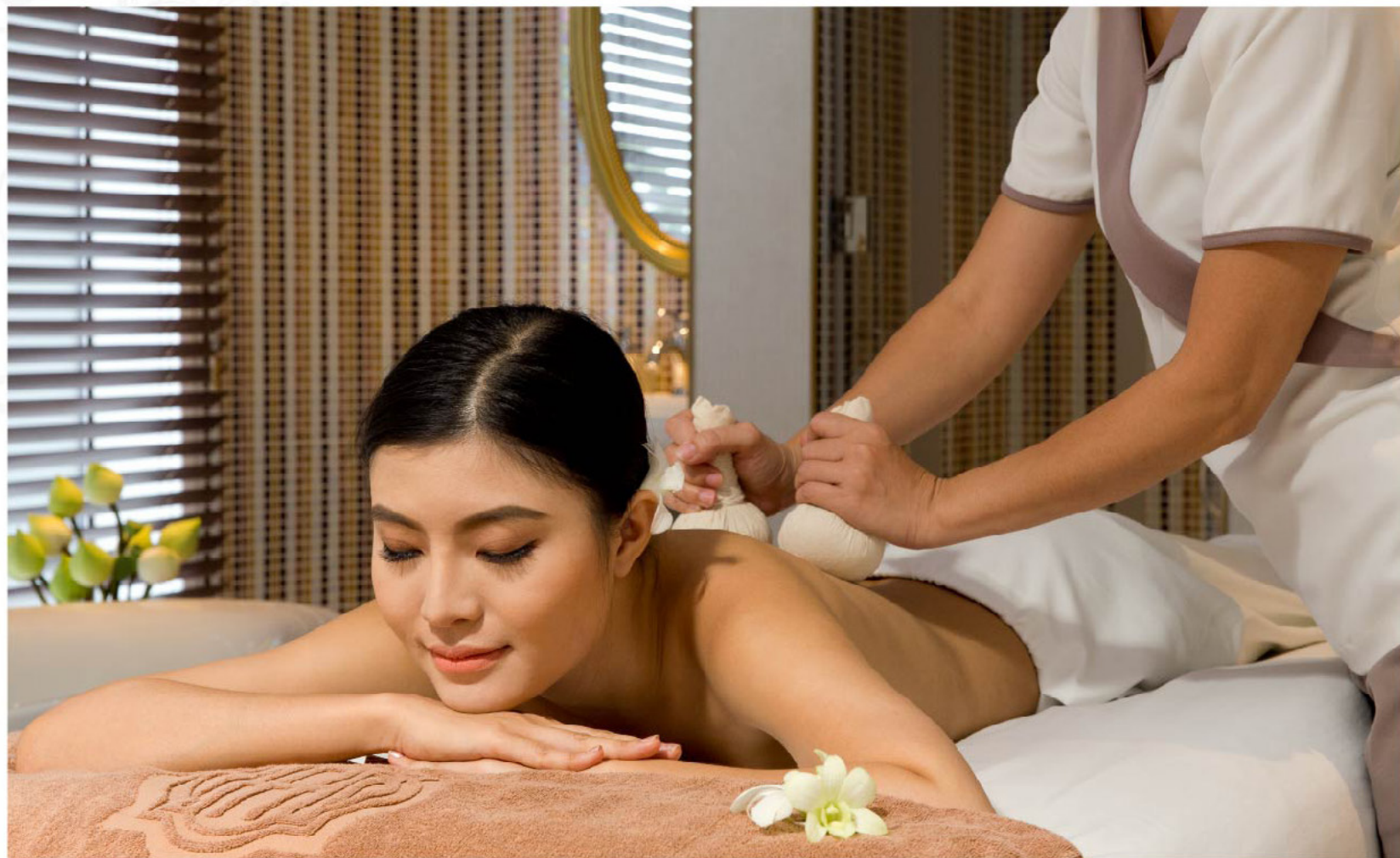
This massage is perfect for relieving city-dwellers of modern ailments, using a classical wooden tool to spread energizing vibrations through the body's meridian lines and muscles, preventing fatigue, reducing tension and helping the immune system. Warm lemongrass, ginger and bergamot combined with slow deep pressure soothe the body and mind for a rejuvenating effect.

## HANAKASUMI

100 mins/ 2,500

A unique protocol of Japanese inspiration: peeling with exfoliating gloves, gently modelling of the entire body and specific reinvigorating modelling of the feet in this nourishing, delicately perfumed ritual.

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# RELAXING & PAMPERING

*Abandon your body to a state of deep relaxation.*

## REVITALIZING MASSAGE

60 mins/ 1,350 - 90 mins/ 1,750

A truly traditional Swedish massage that uses regulated pressure to release knots and tensions in your body. Strong, stimulating movements effectively ease your tired, aching back and limbs.

## FOUR HANDS TOUCH

60 mins/ 2,100

The harmonious combination between 2 therapists at the same time will provide a special experience with a deep, relaxing massage.

## GARDEN OF DEEP CALM

75 mins/ 2,100

A combination of the healing effects of Thai and Swedish therapeutic techniques with a relaxing and restorative massage helps restore harmony and brings a sense of calm to your body and mind.

## TOUCH OF RELIEF

30 mins/ 590 - 60 mins/ 950

The greatest indulgence lies in devoting time to our wellness. Enjoy 30 to 60 minutes of utmost relaxation with us.

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# HEALING & DETOXING

*A healing therapy will help stimulate your circulation and tone organs to boost chemical detoxification.*

## **CLARITY OF MIND**

60 mins/ 1,500

Achieve inner peace with this firm massage that targets the upper back, shoulders, neck and head. Virgin coconut oil is used to focus on pressure points correlating to the body's chakras, releasing overworked muscles while promoting energy flow through the whole body.

## **HOT STONE THERAPY**

90 mins/ 1,750

Treat your body to the sensation of warm volcanic stones combined with a selection of massage oils onto the skin using long, sweeping movements. Ideal for muscle relief and deep relaxation.

## **FOOT REFLEXOLOGY THERAPY**

30mins/ 590 - 60mins/ 950

An ancient form of therapy concentrating on acupressure of the feet and lower legs, this treatment helps relax the whole body and mind, restore energy and regulate movement throughout the body.

## **HERBAL COMPRESS**

75 mins/ 1,750

Feel intensely relaxed and energized with this special treatment. A herbal massage is known for its healing properties, improving the blood's circulation and stimulating the internal organs to leave you completely relaxed and energized.

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### HYDRA NOURISHING COCOON MASK

60 mins/ 1,650

Experience the comforting sensation of a hydrating and nourishing warm wrap applied onto the skin and let your body and your mind indulge in pure escapism with the fragrance of your choice.

### MOHOM INDIGO RITUAL

75 mins/ 2,100

A deep muscular treatment that combines steamed therapeutic herbs with a rare essential oil found only on two remote islands in the Pacific Ocean. Rainforest cloves have the ability to suppress pain while tangerine, pink grapefruit and rosemary can be used to drain toxins from your muscles. Ideal after a workout.

### RADIANT SKIN REVEAL

75 mins/ 1,650

A detoxifying, firming, rejuvenating and brightening wrap all-in-one. The powerful anti-oxidizing and whitening effect of black mulberry combined with the toning and hydrating qualities of macadamia as well as the slimming effect of cedar wood helps combat dull, dehydrated and flabby skin.

### SHIATSU THERAPY

90 mins/ 2,100

The Shiatsu massage is originated in Japan and utilizes the hands and palms—particularly the thumbs—to massage the body at specific points and treat many different conditions and encourage relaxation.



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# FACIAL TREATMENTS

*Facials are so much more about feeling comfortable and confident in your own skin than just some treatments for your face.  
Our facials aim to cure any breakouts and make you look as great as you feel.*

## **DETOXIFYING FACE TREATMENT FOR HIM**

70 mins/ 1,450

High precision cleanser, customized mask, relaxing modelling movements and a specific age-defying face serum for a more resilient and impeccable skin.

## **OILY SKIN**

70 mins/ 1,450

Gentle make-up removal followed by a deep biological skin peeling to prepare the skin for the application of a prescribed mask and modelling essence adapted to each zone of the face.

## **NORMAL AND COMBINATION SKIN**

70 mins/ 1,450

Rebalances the oil production, moisturizes the skin, controls the sebum level and also reduces clogged pores and white bumps, leaving you with younger and smoother skin.

## **TROPICAL FACIAL**

70 mins/ 850

Fruity facial with natural goodness including vitamins, minerals and all the essential nutrients for not only your well-being but also your beautiful, clear and glowing skin.

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#### **ABSOLUTE CONTROL**

70 mins/ 2,100

Regain control of your skin and give your complexion a deep dose of calm and clarity. Bamboo extract controls excess oil production, rare tree gum reduces pore size and redness, and safflower restores essential hydration from within.

#### **EVEN SKIN**

70 mins/ 2,100

A combination of pea extract, a special blend of citrus compounds, licorice and mulberry makes the skin glow and reduce dark spots, while pearl tea raises antioxidant activity for a youthful complexion. Suitable for those with darker skin tones prone to pigmentation.

#### **VISIBLE LIFT**

70 mins/ 2,100

This uplifting treatment using an Asian beauty secret, velvet camellia, delivers penetrating moisture and anti-oxidants, while powerful marine extracts boost collagen and elastin production. There are also botanical extracts, selected for their rejuvenating properties to help restructure and revitalize the skin, leaving it firm, smooth and radiant.

#### **HYDRATING INTENSIVE TREATMENT**

90 mins/ 2,600

In a perfect alliance of technical advancement and sensory pleasure, this treatment combines ultra-comfortable textures with high-performance active ingredients to bathe the skin with well-being and provide it with a sensation of absolute hydration.

#### **ENERGIZING INTENSIVE TREATMENT WITH SIBERIAN GINSENG**

90 mins/ 2,600

This booster treatment with the exclusive Digi-Esthétique® method is ideal as a pre-treatment before a course of anti-ageing or hydrating intensive treatments to restore the skin's energy and radiance.

#### **EYE TREATMENT**

45 mins/ 1,350

This treatment, specifically designed for the eye contour area, helps immediately diminish all signs of fatigue.

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# ANTI-AGING TREATMENTS

*Aging is a fact of life. Looking your age is not.*

*Treat yourself with one of our boosting body treatments and let us pamper you to preserve the youthful appearance of your skin.*

## **REJUVENATING BODY TREATMENT**

100 mins/ 1,250

This revitalizing treatment removes the dead skin cells and impurities from the body, stimulates blood circulation and provides skin hydration, leaving you feeling fresh and your skin looking radiant and rejuvenated.

## **BODY CONTOURING**

120 mins/ 1,450

This beauty ritual firms up loose skin and treats the unsightly appearance of cellulite. In addition, body wraps offer a variety of benefits that include inch loss, skin softening and giving a boost to the lymphatic system and metabolism.

## **BELT SLIMMING**

90 mins/ 1,150

This treatment will help improve the overall appearance of your body by tightening, toning and lengthening so that even if your cellulite is there, the overall appearance of your body will be flattering.

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#### **HYMALAYAN SALT SCRUB**

60 mins/ 1,350

Smooth, refine and replenish your skin with a full-body exfoliation of Himalaya salt, infused with 80 minerals. The pink salt delivers its pure nutrients into the skin as it is gently massaged over the body, lifting dead cells and leaving your skin hydrated and glowing. The treatment is completed with a cocooning layer of nourishing rice bran and aloe butter to leave your body feeling baby soft.

#### **SWEET- SALTY EXFOLIATION**

60 mins/ 1,350

This customized exfoliation combines sea salts and natural sugar grains. One of the highlights of this treatment is the completion with the application of a nourishing hydrating lotion to lock in moisture and leave your skin velvety soft and protected.



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# BEAUTY & NAIL CARE

*Every woman is a piece of art.  
Let yourself be taken care of in style from top to toe with our exclusive services.*

## **MANICURE**

30 mins/ 150

Hand nail shaping, cuticle care and clear nail polish.

## **SPA MANICURE**

60 mins/ 490

Nail shaping, cuticle care, scrub, moisturizing hand massage, finished with your choice of OPI nail polish.

## **SPA MANICURE and PEDICURE**

120 mins/ 950

Nail shaping, cuticle care, scrub, moisturizing hand and foot massage, finished with your choice of OPI nail polish.

## **PEDICURE**

40 mins/ 150

Foot nail shaping, cuticle care and clear nail polish.

## **SPA PEDICURE**

70 mins/ 650

Nail shaping, cuticle care, scrub, moisturizing foot massage, finished with your choice of OPI nail polish.

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**HEEL SCRAPING**

30 mins/ 250

Helps to peel away calluses and dry areas on your feet using professional products.

**GELISH REMOVAL**

30 mins/ 100

Gel removal using professional products.

**OPI POLISH**

20 mins/ 150

Nail shaping, finished with your choice of OPI polish.

**OPI GEL POLISH**

40 mins/ 300

Gel polish application with the latest OPI nail colors

**NAIL ART**

15mins/ 30 (per finger)

Choose one of our art designs for your nail painting service.

**LUXURY NAIL ART**

20mins/ 50 (per finger)

Choose one of our art designs with a special touch to add to your nail painting service.



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# HOW TO MAXIMIZE YOUR JOURNEY

## **ARRIVAL TIME**

Please arrive at least 20 minutes prior to your scheduled appointment for your best experience.

## **BEFORE THE JOURNEY**

Sit back, enjoy the soothing music with hot tea while experiencing our signature flower foot bath ritual prior your treatment.

## **RELAXATION**

The steam room is at your disposal prior to your treatment to enhance relaxation and detoxification. The warm steam has a relaxing effect on the muscles and sweating helps remove toxins stored in the body.

## **CONSULTATION**

Our spa offers a personalized consultation prior to your spa experience to determine the best treatment for your needs.

## **SPA ATTIRE**

Please change into provided spa attire and slippers and keep your personal belongings in the secure lockers.

## **POOL**

If you are staying in our hotel, you can enjoy a nice refreshing cocktail by the infinity pool on the rooftop after your treatment.

## **LATE ARRIVAL**

All treatments are completed at the scheduled time, please be advised that your booking will be cancelled if you are more than 15 minutes late without prior notice.

## **CANCELLATION POLICY**

As a courtesy to other spa guests, please notify spa reception if you cannot meet your appointment. Any cancellation with less than two hours notice will incur a 50% cancellation fee. A "no show" will be charged the full amount.







# HÔTEL DES ARTS

— S A I G O N —

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