





Revitalize your mind, body and spirit and immerse yourself in refined treatments inspired by Asian and European philosophies. Le Spa des Artistes' menu is designed to make you feel renewed, refreshed and to awaken your inner strength.

All our treatments have been carefully crafted to ensure your comfort and use only luxurious, environmentally-friendly products including:

- \* Natural Rendez-Vous®: Using only 100% natural and active ingredients, all products are biodegradable and eco-friendly according to Good Manufacturing Practice (GMP) standards to guarantee international quality.
- \* Ytsara®: Developed exclusively for high-end spas, these French products cater to guests with a discerning eye for beauty and excellence to provide a truly unique spa experience.

**All our products are certified 100% natural.**

Every spa experience begins with our signature flower foot bath ritual that combines aromatic bath salts with a light massage of your calves and feet to cleanse your body, mind and soul before each treatment.

**Relax and enjoy your journey!**

# SPA JOURNEY

Indulge yourself with our signature treatments to escape from daily life, relax and unwind.

## HOTEL DES ARTS SAIGON

90 min/2.100

This millennium-old massage tradition is perfect for relieving city-dwellers of modern ailments. A classical wooden tool, once considered sacred, is used to spread energizing vibrations to the body's meridian lines and muscles. This frees the body's life-force, allowing it to flow back into the body, preventing fatigue, reducing tension and helping the immune system. Warm lemongrass, ginger and bergamot combined with slow deep pressure sooth the body and mind for rejuvenating effect.

By Ytsara®

## THE ARTIST'S JOURNEY

90 min/1.550

This sublime aromatherapy ritual uses natural essential oils from Natural Rendez-Vous® which guests can choose according to their preference. They are applied to the body through a flowing massage technique that provides relief from migraines, insomnia and jet lag. The journey ends with an aromatic herbal cushion to rejuvenate your body, refresh your spirit and restore vital energy.

By Natural Rendez-Vous®

Abandon your body to a state of full relaxation with a choice of sublime massages.

#### **FOUR HANDS MASSAGE**

60 min/2.100

The harmonious combination between 2 therapists at the same time will bring special experience with deep relaxing massage

By Ytsara®

#### **MOHOM INDIGO RITUAL**

75 min/2.100

A deep muscular treatment that combines steamed therapeutic herbs with a rare essential oil found only on two remote islands in the Pacific Ocean. Rainforest cloves have the ability to suppress pain while tangerine, pink grapefruit and rosemary drain toxins from your muscles. Recommended as a post work-out treatment or to relieve built-up tension and sore muscles in your body.

By Ytsara®

#### **GARDEN OF DEEP CALM**

75 min/2.100

Combine the healing effects of Thai and Swedish therapeutic techniques with a relaxing and restorative massage that helps restore harmony and bring a sense of calm to your body and mind.

By Ytsara®

#### **HERBAL COMPRESS MASSAGE**

75 min/1.450

Feel intensely relaxed and energized with this special treatment. Herbal massage is known for its healing properties, improving the blood's circulation and stimulating the internal organs to leave you completely relaxed and energized.

By Natural Rendez – Vous®

#### **REVITALIZING MASSAGE**

60min/1.090//90 min/1.390

A truly traditional Swedish massage that uses regulated pressure to release knots and tensions in your body. Strong, stimulating movements effectively ease tired, aching backs and limbs

By Natural Rendez – Vous®

#### **GOLDEN HOTSTONE**

75 min/1.390

Treat your body to the sensation of warm volcanic stones combined with a selection of oils massaged into the skin using long, sweeping movements. Ideal for muscle relief and deep relaxation.

By Natural Rendez – Vous®



Our specialized facials go beyond cleansing and moisturizing, using advanced techniques that result in glowing skin that feels rejuvenated and refreshed. To enhance your spa journey, all facials include a head, neck, shoulder, arm and hand massage.

#### **EVEN SKIN**

70 min/2.100

A flawless complexion is yours with a powerful dose of actives. Pea Extract and a special blend of citrus compounds, licorice and mulberrywork to increase luminosity and fade dark spots while pearl tea helps dramatically increase antioxidant activity for a youthful plump and even face. Suitable for those with darker skin tones and prone to pigmentation. By Ytsara®

#### **VISIBLE LIFT**

70 min/2.100

This uplifting treatment accelerates the skin's renewal process on a deep level. An Asian beauty secret, velvet camellia delivers penetrating moisture and anti-oxidants, while powerful marine extracts boost collagen and elastin production. Combined with botanical extracts selected for their rejuvenating properties, the skin is restructured and revitalized. For firm, smooth and radiant skin. By Ytsara®

#### **ABSOLUTE CONTROL**

70 min/2.100

Regain control of your skin and give your complexion a deep dose of calm and clarity. A natural blend of ingredients keeps the skin smooth, clear and balanced around the clock. Bamboo elements control excess oil production, rare tree gum reduces pore size and redness, and safflower restores essential hydration from within. By Ytsara®

#### **MUSE CARE**

70 min/1.090

A soothing treatment specifically developed for sensitive skin, Muse Care repairs and balances the skin's natural defense mechanisms. Helps diminish redness and restore the complexion.

By Natural Rendez – Vous®

#### **RESTORATION**

70 min/1.090

This rejuvenating treatment helps moisturize the skin by balancing the body's natural oil production and controlling sebum levels. It also reduces clogged pores and white bumps, leaving your skin feeling younger and smoother.

By Natural Rendez – Vous®

*All prices are quoted in thousand VND and include tax and service charge*



Le Spa des Artistes

### NATURAL EXFOLIATION

45 min/890

This revitalizing treatment uses a rose petal and lavender scrub that removes the dead skin cells and impurities from the body, leaving you feeling fresh and your skin looking radiant and rejuvenated.

By Natural Rendez- Vous®

### MEDITERRANEAN BODY WRAP

60 min/1.190

Improve your skin's texture and restore your body's balance with a warm and nourishing seaweed wrap. This jump-starts cell metabolism and aids detoxification, while also reducing cellulite and redefining the body's contours. By Natural Rendez- Vous®

### PINK HIMALAYA SCRUB

45 min/1.200

Smooth, refine and replenish your skin with a full-body exfoliation of Himalaya salt, infused with 80 minerals. The pink salt delivers its pure nutrients into the skin as it is gently massaged over the body, lifting dead cells and leaving your skin hydrated and glowing. The treatment is completed with a cocooning layer of nourishing rice bran and aloe butter to leave your body feeling baby soft.

By Ytsara®

### RADIANT SKIN REVEAL

60 min/1.500

A detoxifying, firming, rejuvenating and brightening wrap all in one. The powerful anti-oxidizing and whitening effect of black mulberry combines with the toning and hydrating qualities of macadamia and the slimming effect of cedar wood to combat dull, dehydrated and flabby skin. Combined with a scrub or massage, your skin will be left feeling toned and looking young and healthy.

By Ytsara®

## CLARITY OF MIND

60 min/1.500

Achieve inner peace with this firm massage that targets the upper back, shoulders, neck and head. Virgin coconut oil is used to focus on pressure points correlating to the body's chakras, releasing overworked muscles while promoting energy flow through the whole body. This clears and sharpens the mind, improves concentration and sleep quality, and banishes anxiety and stress, while increasing inner peace and joy.

By Ytsara®

## STRESS RELIEF

60min/690

The greatest indulgence lies in devoting time to our wellness.

By Natural Rendez- Vous®

## REFLEXOLOGY FOOT THERAPY

30 min/590//60 min/950

An ancient form of therapy concentrating on acupressure of the feet and lower legs, this treatment helps to relax the whole body and mind, restore energy and regulate movement throughout the body.

By Natural Rendez- Vous®



Relax and rejuvenate with our own sublime array of spa rituals. Delicacies will be served during the treatments.

### **SENSE OF CALLIOPE - PAMPERING**

130 min/1.850

Pamper yourself with this complete body and facial package. Begin with a revitalizing massage to relax tired muscles and rehydrate the skin. Then experience a facial that suits your complexion - a choice of the 'Restoration' or 'Muse' treatment.

By Natural Rendez- Vous®

(Revitalizing massage 60 min / Choice of facial care 70 min)

### **SENSE OF CLIO - INNER RESET RITUAL**

105 min/1.850

A combination of body scrub and acupressure massage gently stretches the muscles and applies oil to the skin to improve your body's energy flow. Meanwhile, warm herbal cushions filled with natural therapeutic ingredients are placed onto your back and neck, infusing their healing powers into your system. This treatment helps to detoxify, strengthen the immune system, reduce stress, improve the posture and enhance your vitality.

By Ytsara®

(Body scrub 30 min / Body massage 75 min)

### **SENSE OF ERATO - BEAUTY JOURNEY**

190 min/2.550

Uplift the body and mind with a rejuvenating experience that combines facial and body treatments. This package includes a body scrub, 'The Artist's Journey' signature massage and your choice of facial treatment - 'Restoration' or 'Muse'.

By Natural Rendez- Vous®

(Body scrub 30min / The Artist's Journey signature massage 90min / Choice of facial care 70 min)

### **COUPLE SPA RETREAT**

75 min/2.900/2pax

Treatments are specifically designed with romance in mind helps restore harmony and bring a sense of calm to your body and mind

By Ytsara®



# SPA ETIQUETTE RESERVATION

## ARRIVAL TIME

To maximize the enjoyment of your spa experience, please arrive at least 20 minutes prior to your scheduled appointment.

## LATE ARRIVAL

Please plan your spa experience carefully as all treatments are completed at the scheduled time. Your booking will be automatically cancelled if you are more than 15 minutes late without prior notice.

## CANCELLATION POLICY

As a courtesy to other spa guests, please notify spa reception or guest relations if you cannot meet your appointment. Any cancellation with less than two hours' notice will incur a 50% cancellation fee. A "no show" will be charged the full amount.





#### RELAXATION

The steam room is at your disposal prior to your treatment to enhance relaxation and detoxification. The warm steam has a relaxing effect on the muscles and sweating helps remove toxins stored in the body.

#### CONSULTATION

All spa guests will enjoy a personalized consultation prior to their spa experience to determine the best treatment program for your needs. Please let us know of any health conditions or allergies, especially high blood pressure and pregnancy.

#### SPA ATTIRE

You will be provided with a bathrobe, disposable panties and slippers for your comfort. Secure lockers are available for your personal belongings. Le Spa des Artistes will not be held responsible for any lost or misplaced items.







## HÔTEL DES ARTS

SAIGON

Hôtel des Arts Saigon, 3<sup>rd</sup> floor  
76-78 Nguyen Thi Minh Khai, District 3, HCMC  
For reservation: +84 839 898 888 (EXT. 112)